

## SPA PACKAGES

### The Scentsational Spa Experience

Stress-reducing Massage with Aromatherapy  
VJ's Self-Renewal Balancing Facial  
Spa Manicure and Pedicure with Paraffin Treatment  
Spa tea

**\$265**

### Life is a Bed of Roses

Aromatherapy Massage with Detoxifying Body  
Steam Treatment  
Nature's Maintenance Facial (one hour)  
Spa Manicure and Pedicure  
Spa tea

**280**

### Our Maintenance Routine

Relaxing one-hour Massage  
Nature's Maintenance Facial  
Spa Manicure and Pedicure  
Spa tea

**235**

### Life's Little Necessities

One hour Massage with Spa Manicure and Pedicure

**150**

Add **\$5** for a French manicure or pedicure

Add **\$35** for a shampoo and blowdry

## WAXING

Eyebrows (15 minutes)	<b>\$20</b>	Nostrils (20 minutes)	<b>\$15</b>
Upper lip (15 minutes)	<b>10</b>	Full face	<b>40 and up</b>
Underarms	<b>30</b>	Chin	<b>25 and up</b>
Arms	<b>30 and up</b>	Shoulders/chest/back	
Bikini (30 minutes)	<b>30 and up</b>		<b>65 and up</b>
Legs, full (50 minutes)	<b>65</b>	Ear (20 minutes)	<b>15 and up</b>
Legs, half (40 minutes)	<b>40</b>	Full Brazilian (45 minutes to 90 minutes)	<b>90</b>

*(Waxing prices vary depending on length of service)*

*Gift Certificates are available in any amount.*

*All prices subject to change without notice.*

## MASSAGE

Includes Deep Tissue, Reflexology, Sports and relaxing Swedish massage. Perfect for stress-reducing, specific problems, or improving all-over body health. Well-trained and licensed massage staff in a quiet and relaxing atmosphere. Shower in room.

**60 minutes \$75 / 90 minutes 95 / Add \$15 for Deep Tissue**

### Hot Stone Therapy

Enjoy the benefits of the Ancient Art of Hot Stone Therapy. Hot smooth stones are placed on the body to increase blood circulation, aiding in looser muscles and increased range of motion. Helps to rid the body of toxins and melts stress away.

**60 minutes \$100 / 90 minutes 140**

### Steam Therapy\*

A full body steam that is perfect after a massage or by itself. Hot steam infused with customized aromatherapy and or herbs, allows the oil to penetrate deep into the tissues as perspiration is released through the dermal layers. This treatment facilitates in the release of deep-seated toxins. Moist steaming towels soaked with peppermint assist to further open the pores as the body receives the maximum benefits of the oil, providing a deep detoxification and rejuvenation of the tissues. This treatment leaves your skin nourished and youthful!

**Up to 30 minutes \$45**

### Ask about other body treatments and wraps

*\*Steam Therapy is not recommended for anyone during pregnancy, for those with high blood pressure or for those who may be challenged with a serious illness.*



Open Tuesday thru Friday 9-6

Saturday 9-4 / Evenings gladly by appt.

250 Colfax Ave., Grass Valley, CA 95945

**530-274-8257**

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## VJ'S SALON: ARTFUL AND PROGRESSIVE

For the past 24 years we've been bringing our clients the best in beauty education and the most sophisticated looks. It's important to us here at VJ's Salon to stay fresh and on the cutting edge of what's happening in our field. We attend seminars and workshops and monthly in-salon classes to stay in touch with the latest innovations in style and the newest trends in healthy hair, skin and body care. Then we bring this information back to the salon to keep **you**, our clients, informed and looking your very best. At VJ's Salon, every look we create for you is artful, progressive, and engineered to suit **your** individual personality.

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### HAIR SERVICES

#### Hair Styling

Shampoo and Style **\$35 to 65**

Evening and Bridal styling **\$65 to 90**

#### Hair Cutting Experts

We give you cuts that fit your face and lifestyle. Then we teach you how to take care of your new style so you're always looking at your best.

**\$45 to 70 (depending on stylist)**

#### Hair Color Experts

With the latest techniques and products we create natural, shiny or high-fashion hair color. We know what compliments your natural coloring and we are also color correction specialists.

**\$70 and up (Ask colorist for quote)**

#### Permanent Waves that Duplicate Nature

Soft style support makes styling easier and natural-looking waves and curls makes you look like you were born with wavy hair! Treatment includes trico analysis, conditioning, air oxidation, and special style waves.

**\$100 and up (Ask stylist for quote)**

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### HAIR AND SCALP TREATMENTS TO KEEP YOUR HAIR HEALTHY

#### Hair Loss and Thinning Hair Consultation

Two out of every three men can expect to be bald or balding by the age of 50. As many as 36% of all women between the

ages of 40 and 49 agonize over some degree of hair thinning or hair loss. Take a pro-active approach and let us provide help for all stages of hair loss, including pre-chemotherapy help.

**\$30 a session**

#### Hair Conditioning and Trico Analysis\*

We analyze the condition of your hair and scalp, then perform a scalp massage and treatment, following a shampoo with organic Aveda shampoo. A customized treatment is applied to the hair then wrapped and put under heat. The results are beautiful, shining and manageable hair that feels good for weeks.

**\$45 to 65 a session**

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### HAND AND FOOT CARE

#### Spa Manicure / Pedicure

We use a natural approach to hand and foot care. While we are correcting the problems in the salon with our treatments, we also show what a minimal amount of at-home care will do to keep your hands and feet healthy.

**Manicures \$35**

**Pedicures 50**

**Add \$10 for a French manicure or pedicure**

**Add \$7 for paraffin wax**

#### Foot Reflexology Treatment

Massage treatment on the feet targeting different body meridians that have points of contact on the foot. Very relaxing and beneficial to the total body.

**45 minutes \$60**

*All prices subject to change without notice.*

### SKIN CARE TREATMENTS

#### VJ's Self-Renewal Balancing Facial

This is our signature facial — a customized skin session that will revive the skin and give your whole body a sense of well-being. We begin by balancing your skin with the highest quality aroma essences, cleansing and exfoliating naturally. Enjoy an herbal steam or cooling masque specifically chosen for your particular needs. While the purest plant extracts are massaged into your skin, we balance the body by using acupressure and massage manipulations to relax your face, neck, scalp and shoulders. A nourishing and hydrating specialty masque is applied that adds resiliency to your skin. While basking in the aromatherapy you will then receive a revitalizing hand and foot massage. Let yourself be carried away by the benefits and pleasures of this rejuvenating facial!

**90 minutes \$95**

#### Nature's Maintenance Facial

A natural approach to address specific skin challenges. Includes cleansing, exfoliation, extractions (optional), toning and customized treatment masque.

**60 minutes \$75**

#### Weekly Skin Care Package

This is for the client with specific skin care challenges who needs to be seen weekly. These treatments may include acne, skin lightening, skin tightening, or a series of botanical peels.

**Includes 5 sessions \$350**

#### Back Facial

Hard to reach, we will treat. Customized treatment for your skin type. Includes a back cleanse, scrub, steam and extractions, light massage and mask.

**60 minutes \$70**

#### Microdermabrasion

Rejuvenate your skin by shedding old cells. Reveals soft, new, more youthful skin surface.

**45 minutes \$90 Chemical Peels add \$40**

**Add \$20 Mini Microdermabrasion**

#### Resurfacing Peels

Every skin type can benefit from a specialized peel. Consultation needed before treatment.

**20 minutes \$40 to 50**