

SPA PACKAGES

The Scentsational Spa Experience

Stress-reducing Massage with Aromatherapy
 VJ's Self-Renewal Balancing Facial
 Spa Manicure and Pedicure with Paraffin Treatment
 Spa tea **\$259**

Life is a Bed of Roses

Aromatherapy Massage with Detoxifying
 Body Steam Treatment (90 min)
 Nature's Maintenance Facial (60 min)
 Spa Manicure and Pedicure
 Spa Tea **275**

Our Maintenance Routine

Relaxing one-hour Massage
 Nature's Maintenance Facial
 Spa Manicure and Pedicure
 Spa Tea **225**

Life's Little Necessities

One hour Massage with Spa Manicure and Pedicure
150

Add **\$5** for a French manicure or pedicure
 Add **\$35** for a shampoo and blowdry

BEAUTY EXTRAS

Makeup lesson (includes application) **\$50**
 Makeup application for special occasions **40 to 90**
 Eyelash tint **30**
 Brow tint **15**
 Brows shaped **20**

WAXING

Eyebrows (15 minutes) \$20	Nostrils (20 minutes) \$15
Upper lip (15 minutes) 10	Full face 40 and up
Underarms 30	Chin 25 and up
Arms 30 and up	Shoulders/chest/back
Bikini (30 minutes) 45 and up	65 and up
Legs, full (50 minutes) 65	Ear (20 minutes) 15 and up
Legs, half (40 minutes) 40	Full Brazilian (45 minutes to 90 minutes) 90

(Waxing prices vary depending on length of service)

MASSAGE

Includes Deep Tissue, Reflexology, Sports and relaxing Swedish massage. Perfect for stress-reducing, specific problems, or improving all-over body health. Well-trained and licensed massage staff in a quiet and relaxing atmosphere. Shower in room.

60 minutes \$75 / 90 minutes 95 / Add \$15 for Deep Tissue

Hot Stone Therapy

Enjoy the benefits of the Ancient Art of Hot Stone Therapy. Hot smooth stones are placed on the body to increase blood circulation, aiding in looser muscles and increased range of motion. Helps to rid the body of toxins and melts stress away.
60 minutes \$100 / 90 minutes 140

Steam Therapy*

A full body steam that is perfect after a massage or by itself. Hot steam infused with customized aromatherapy and or herbs, allows the oil to penetrate deep into the tissues as perspiration is released through the dermal layers. This treatment facilitates in the release of deep-seated toxins. Moist steaming towels soaked with peppermint assist to further open the pores as the body receives the maximum benefits of the oil, providing a deep detoxification and rejuvenation of the tissues. This treatment leaves your skin nourished and youthful!
Up to 30 minutes \$45

Ask about other body treatments and wraps

**Steam Therapy is not recommended for anyone during pregnancy, for those with high blood pressure or for those who may be challenged with a serious illness.*



Open Tuesday thru Friday 9-6
 Saturday 9-4 / Evenings gladly by appt.
 250 Colfax Ave., Grass Valley, CA 95945
530-274-8257

www.vjssalon.com • support@vjssalon.com

Gift Certificates are available in any amount.
 All prices subject to change without notice.

OUR SPA BODY WRAPS:

The Ultimate Body Care Treatment: wrapped and massaged with Organics from Declor and Aveda.

Spa Flow Stimulating Body Wrap:

Wakes up the body's circulatory system, increasing circulation, reducing puffy skin while reducing fatigue and improving lymphatic system, by using a body mask that is high with vasoconstrictive ingredients.

60 minutes \$125

Spa Relax Body Wrap:

Relax, unwind, treat that worn out feeling. A calming balm is massaged onto the body then we wrap you in a soft warm cocoon.

60 minutes \$125

Spa Detox Body Wrap:

Massage onto the body then you are wrapped with a algae earth mask that refines the body while draining the toxins. Aids slimming, reduces water build-up, cellulite and dimpling, great while dieting.

60 minutes \$125

Spa Sculpt Body Wrap:

This anti-aging treatment helps to regenerate cell production to reduce scar tissue, stretch marks, loose skin after weight loss. Very hydrating and firming skin treatment to help create a more healthy and youthful body.

60 minutes \$125

Rosemary Mint Awakening Body Wrap:

Renew body and mind with this stimulating and nurturing wrap. Your body is exfoliated, smoothed, softened and wrapped. Essences of rosemary and peppermint will awaken your senses while a scalp and foot massage balance the whole body.

60 minutes \$125

Aqua Polish:

A full body exfoliation and refinement of your skin using the therapeutic benefits of marine elements such as Dead Sea salts along with skin conditioning oils. Enhanced with a personalized Plant Pure-Fume™ Steam Bath. The result is conditioned, soft, polished skin.

60 minutes \$125

45 minutes with-out steam \$100

VJ'S SALON: ARTFUL AND PROGRESSIVE

For the past 24 years we've been bringing our clients the best in beauty education and the most sophisticated looks. It's important to us here at VJ's Salon to stay fresh and on the cutting edge of what's happening in our field. We attend seminars and workshops and monthly in-salon classes to stay in touch with the latest innovations in style and the newest trends in healthy hair, skin and body care. Then we bring this information back to the salon to keep **you**, our clients, informed and looking your very best. At VJ's Salon, every look we create for you is artful, progressive, and engineered to suit **your** individual personality.

HAIR SERVICES

Hair Styling

Shampoo and Style **\$35 to 65**
Evening and Bridal styling **\$65 to 90**

Hair Cutting Experts

We give you cuts that fit your face and lifestyle. Then we teach you how to take care of your new style so you're always looking at your best.

\$45 to 70 (depending on stylist)

Hair Color Experts

With the latest techniques and products we create natural, shiny or high-fashion hair color. We know what compliments your natural coloring and we are also color correction specialists.

\$70 and up (Ask colorist for quote)

Permanent Waves that Duplicate Nature

Soft style support makes styling easier and natural-looking waves and curls makes you look like you were born with wavy hair! Treatment includes trico analysis, conditioning, air oxidation, and special style waves.

\$100 and up (Ask stylist for quote)

HAIR AND SCALP TREATMENTS TO KEEP YOUR HAIR HEALTHY

Hair Loss and Thinning Hair Consultation

Two out of every three men can expect to be bald or balding by the age of 50. As many as 36% of all women between the

ages of 40 and 49 agonize over some degree of hair thinning or hair loss. Take a pro-active approach and let us provide help for all stages of hair loss, including pre-chemotherapy help.

\$30 a session

Hair Conditioning and Trico Analysis*

We analyze the condition of your hair and scalp, then perform a scalp massage and treatment, following a shampoo with organic Aveda shampoo. A customized treatment is applied to the hair then wrapped and put under heat. The results are beautiful, shining and manageable hair that feels good for weeks.

\$45 to 65 a session

HAND AND FOOT CARE

Spa Manicure / Pedicure

We use a natural approach to hand and foot care. While we are correcting the problems in the salon with our treatments, we also show what a minimal amount of at-home care will do to keep your hands and feet healthy.

Manicures \$30

Pedicures 45

Add \$10 for a French manicure or pedicure

Foot Reflexology Treatment

Massage treatment on the feet targeting different body meridians that have points of contact on the foot. Very relaxing and beneficial to the total body.

45 minutes \$60

SKIN CARE TREATMENTS

VJ's Self-Renewal Balancing Facial

This is our signature facial — a customized skin session that will revive the skin and give your whole body a sense of well-being. We begin by balancing your skin with the highest quality aroma essences, cleansing and exfoliating naturally. Enjoy an herbal steam or cooling masque specifically chosen for your particular needs. While the purest plant extracts are massaged into your skin, we balance the body by using acupressure and massage manipulations to relax your face, neck, scalp and shoulders. A nourishing and hydrating specialty masque is applied that adds resiliency to your skin. While basking in the aromatherapy you will then receive a revitalizing hand and foot massage. Let yourself be carried away by the benefits and pleasures of this rejuvenating facial!

90 minutes \$95

Nature's Maintenance Facial

A natural approach to address specific skin challenges. Includes cleansing, exfoliation, extractions (optional), toning and customized treatment masque.

60 minutes \$75

Microdermabrasion Resurfacing Facial

Rejuvenate your skin by shedding old cells. Reveals soft, new, more youthful skin surface. Targetting the face, neck and neckline to reduce hyper-pigmentation and improve texture. Reduces appearance of fine lines and oily congested areas of the skin.

60 minutes \$75

Weekly Skin Care Package

This is for the client with specific skin care challenges who needs to be seen weekly. These treatments may include acne, skin lightening, skin tightening, or a series of botanical peels.

Includes 5 sessions \$350

Back Facial

Hard to reach, we will treat. Customized treatment for your skin type. Includes a back cleanse, scrub, steam and extractions, light massage and mask.

60 minutes \$70



- ★ Voted Nevada County's Best Hair Salon - 2007
- ★ Voted Nevada County's Best Massage - 2007

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